



The Citizen

You are the steady hand that holds democracy accountable. You understand the power of everyday civic action and the importance of showing up, even when it's not glamorous. Through your consistent advocacy, you push for systemic change at the roots and keep the flame of democratic rights alive.

Actions	Examples
Regularly call or write your representatives about urgent issues.	 Illegal deportation without due process Attempts to silence free speech
Showing up at local government/ school board meetings to speak on issues important to you or your children (if you have children).	 Maintaining DEI in academic settings Protecting our Federal Workers in GA
Signing or starting petitions to support campaigns or political efforts	Petitions for impeachmentPetitions to protect visa recipients
Organizing letter-writing or postcard parties with friends	 Write about protecting 504+ Make postcards to send to the President
Volunteering for voter registration or election protection efforts	Volunteer with the New GA ProjectSign up to volunteer at the polls



The Caregiver

You are the protector of the movement's humanity and know that no revolution can last if the people within it are hurting. Through your care, your compassion, and your practical support, you help activists survive, recover, and keep fighting another day. Your kindness is your radical act of resistance.

Actions	Examples
Provide mutual aid (food, supplies, shelter) to those in need	 Volunteer to provide snacks or water at a protest Support a local shelter for the unhoused
Use your caregiving for actionable good at a local protest or event	 Volunteer as a street medic Aid protestors with emotional support
Check in on fellow organizers to prevent burnout and despair	A txt or call can be quick, but can mean a lot to ensure an organizer is taking care of themselves
Create safe spaces for activists to rest, heal, and recover	 Host a "wellness day" for activists at the park to recoup Invite others to weekly relaxation yoga



The Researcher

Your strength lies in uncovering truth, connecting the dots, and giving people the knowledge they need to act with clarity and power. You transform overwhelming issues into something tangible and solvable, providing the movement with credibility and strategic focus.

Actions	Examples
Build accessible toolkits and guides for activists	Like the one you're reading; it can be as simple or as detailed as you like
Write explainers, reports, or social media threads to educate others	 Explain an executive order & its possible effects Break down the amendments to make them easy to understand
Partner with organizers to provide data that informs action	Many organizations aim to educate others; find one you like and help the cause
Host public workshops, teach-ins, or webinars	 Host a Zoom meeting that explains "rule of law" Teach others about how to easily interpret executive orders



The Connector

You are the bridge that binds the movement together - believing no one should ever feel isolated in the fight for justice. With your natural gift for relationship-building, you strengthen movements by weaving networks of trust, collaboration, and solidarity across all kinds of divides.

Actions	Examples
Connect new activists with organizations and mentors	 Help guide protestors to organizations they can volunteer with Suggest mentors to those looking to get involved
Build coalitions between different groups and causes	 Connect different groups that share the same cause for a protest Share resources between groups
Make activism a welcoming space for everyone, everywhere	 Some activists may not wish to protest & not know where to start - share toolkits like this to let them know activism comes in all forms Share communities with those wanting to get involved - knowing you're not alone is the first step to being an activist
Host gatherings that bring diverse voices together	Host a Zoom meeting that incorporates multiple organizations & their causes; some may find their connections this way



The Change Agent

You are the visionary who works to reshape systems from the inside out. You see not just what's wrong, but what's possible — and you roll up your sleeves to make it happen. Through strategic advocacy, leadership, and persistence, you lay the foundations for real, lasting transformation.

Actions	Examples
Join advisory boards, task forces, and policy committees	 Join the advisory board on women's healthcare Work with local representatives to protect voter fights
Lobby lawmakers for better policies and reforms	Find laws that will come to a house vote & speak on behalf of/against said law in the house
Train new advocates and community leaders	Help future organizers know where to best invoke change (ex. representatives to speak with, committees to join)
Push for change within workplaces, schools, and institutions	Use your current position to foster change (ex. a teacher supporting 504+ protections)



The Creative

Through your art, words, and imagination, you give movements their spirit, emotion, and unforgettable impact. You inspire action by making people *feel* what's at stake. Your creativity is a force for revolution as powerful as any megaphone.

Actions	Examples
Design flyers, protest art, videos, and digital campaigns	 Design a flyer for a protest in your community Post digital artwork on social media to bring awareness to an urgent issue
Bring beauty, humor, and inspiration into every action	 Protest signs don't have to be pretty, but host a design party & get creative for your protest signs Use humor to make a bold statement about an issue important to you
Create emotional, accessible content that reaches new audiences	Make a TikTok featuring the individuals illegally deported by the administration - use photos & names to provoke emotions
Write poetry, songs, or speeches that rally hearts and minds	Write a speech for your local rally about your experiences with activism



The Rebel

You refuse to accept injustice quietly and believe bold action is necessary to wake the world up. Your courage to challenge power and disrupt harmful systems is what pushes movements forward. You embody bravery, passion, and the urgent call for transformation.

Actions	Examples
Join, organize, or volunteer at protests, marches, and sit-ins	 Help organize a sit-in at the capitol Become a Chant Leader for your next protest - use your voice!
Plan creative disruptions that challenge public complacency	 Host a "die-in" at a historically significant site Hang large banners from an overpass of a heavy-traffic road
Use social media to amplify frontline actions and urgent causes	Share local actions (protests, events, etc.) on social media and increase visibility
Get trained in nonviolent direct action (NVDA) and protest rights	 Practice roleplay and safety marshal training for upcoming protests Download, read, & share protester rights handbooks



The Organizer

You know that real change takes teamwork, structure, and persistence. You transform passionate individuals into powerful movements by giving them direction, purpose, and unity. You are the strategist, the builder, and the motivator who ensures no one fights alone.

Actions	Examples
Plan and lead meetings, volunteer drives, and events	 Plan a banner-drop or rally Host regular 30-45 min Zoom meetings for current & future activists on ways to get involved & stay involved
Set clear action plans that move the work forward	 Create "Action Checklists" on what needs to happen, who will be responsible, and given deadlines Make use of shared documents to keep track of goals and participants
Mentor new leaders and build sustainable teams	 Host skill-shares amongst the members to build new volunteer confidence Pair new volunteers with current ones so they feel supported & learn informally
Create communication systems that keep people connected	 Use Signal chats to keep others up-to-date on current and future events Set a weekly email update to recap wins and announce updates